

# UC San Diego

## PSYCHOLOGY *News*

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Fall Quarter 2016

### WELCOME NEW STUDENTS!

We're pleased to welcome this year's new Freshmen and Transfer Students to the **UCSD Psychology Department!** Whether it's your first quarter here or your last year, you will find a host of resources to assist you with your career as a UCSD student. We have planned a year full of opportunities designed to broaden your educational experience and help you prepare for your future, and we look forward to sharing our knowledge with you. For more information about our majors, classes, and opportunities to get involved, visit our newly renovated [website!](#)

Our department is one of the best in the country for psychology research. The U.S. News & World Report 2013 America's Best Colleges guidebook **rank**s UC San Diego as the 9th best public university in the nation with our Behavioral Neuroscience Graduate research area ranked #1 in the country, and our Cognitive Psychology Graduate research area ranked #3.

Please don't hesitate to ask questions and look for answers; we look forward to helping you!

### FALL ADVISING WORKSHOPS

The Psychology Advising Office is working hard to bring you information you can use. Every quarter during the 2016-17 school year, we'll schedule workshops answering some of your biggest questions and preparing you for your future during college and beyond. Join us at one or all of our sessions, bring your relevant questions, and learn about exciting opportunities!

**Register online** for our upcoming workshops!

- **Honors Program Information**  
Tuesday, October 11, 1:30 - 2:30 pm, Mandler 3545  
Wednesday, November 9, 9-10 am, Mandler 3545
- **Engaged Learning Tools**  
Tuesday, October 25, 1-2 pm, McGill 1350
- **EAP First Steps for Psychology Students**  
Tuesday, November 15, 10-11 am, Mandler 3545

In addition to department-sponsored workshops, Psi Chi and the Psychology Graduate Program will present Paths to PhDs, a graduate school information panel, on Tuesday, November 1st at 5pm. Keep an eye on your e-mail for more information!

### PSYCHOLOGY HONORS PROGRAM

*Are you considering graduate school or a professional program? Are you interested in conducting original research? **Apply for the Psychology Honors Program!***

Conduct your own research project, learn to manage a project from beginning to end, get to know advising faculty, and gain an advantage for admission into graduate schools. For more information, come by the department and check out the [website!](#)

**Applications are available online and are due on November 18!**



Honors Program Class of 2016



### HOT FALL CLASSES

**PSYC 105: Cognitive Psychology** (Lowe)  
MWF 10-10:50 am SOLIS 107  
Upper Division Standing required

**PSYC 180: Adolescence** (Hanes)  
F 5:00-7:50 pm PCYNH 122  
Upper Division Standing required

**PSYC 182: Illusions & the Brain** (Fletcher)  
M 5:00-7:50 pm SOLIS 107  
Upper Division Standing required

**PSYC 188: Impulse Control Disorders** (George)  
T/Th 6:30-7:50 pm PETER 110  
Upper Division Standing required

Contact Psychology Advising through the [Pre-Authorization Tool](#) for enrollment authorization.

### CONTACT US

#### Walk-in Advising:

Monday-Thursday 9-11am, 1-3pm  
Mandler Hall, Room 1533

#### Virtual Advising:

<http://vac.ucsd.edu>  
Please allow up to 2 business days for response.

#### Telephone Advising:

(858) 534-3001

Please have your Student ID number ready and be prepared to ask specific questions!

## CARE @ SARC

CARE at SARC is a free and confidential counseling and advocacy resource available to victims/survivors of sexual assault, relationship violence, and stalking. CARE at SARC is always a resource for any victim/survivor, whether or not they choose to make a report.

To schedule an appointment, please call (858) 534-5793. CARE at SARC is also on-call 24 hours a day and on weekends throughout the year. To reach staff after hours and on weekends, please call (858) 534-HELP.

## ACADEMIC INTERNSHIPS

Did you know that you can use one Academic Internship toward your Psychology major or minor requirements?

Internships must be taken for credit through UC San Diego's Academic Internship Program (AIP 197) and be approved by the Psychology Department in advance. Procedures for approving an internship can be found on our [website](#).

To discuss opportunities to participate in an internship and earn academic credit, contact the [AIP Office](#).

**WI 2017 AIP Deadline:** December 2, 2016

## CAREER SERVICES CENTER

Are you considering graduate study in Psychology? Feeling confused or overwhelmed about your choices? Not sure what is the best fit for you? Check the [Career Services Center](#) to sign up for an appointment or to look at upcoming events and workshops!

### Fall Quarter Fairs on Library Walk:

Triton Fall Career Fair

October 6 (10:00 am - 2:30 pm)

Graduate & Professional School Fair

October 12 (10:30 am - 2:30 pm)

## ACTIVE MINDS @ UCSD

Active Minds is a non-profit, student-run mental health awareness, education and advocacy organization seeking to promote awareness about and alleviate the stigma associated with mental health issues. Their mission is to provide resources and education to people regarding mental health and to advocate for mental health causes through partnership and action. They are affiliated with the national [Active Minds](#) organization headquartered in Washington, DC. Join Active Minds@UCSD by emailing [activeminds@ucsd.edu](mailto:activeminds@ucsd.edu) or going to their [Facebook page](#).

## PSI CHI: PSYCHOLOGY HONOR SOCIETY

[Psi Chi \(ΨΧ\)](#) is the International Honor Society in Psychology, founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology. With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States. Membership is an earned honor which is for life. It may be used for reference purposes for graduate school and job applications. Members have the opportunity to present research at scientific meetings and participate in competitions.

Psi Chi is a part of the Association of College Honor Societies and is an affiliate of the American Psychological Association (APA) and the Association for Psychological Science (APS).

Psi Chi meetings are Thursdays at 6:30 pm in McGill 1350. The first General Body Meeting will be September 29. Visit the [UCSD Psi Chi website](#) for more details!

## SONA: EXPERIMENTAL SUBJECT PARTICIPATION

Participants in [SONA](#) have the opportunity to make an important contribution to the research community in our department and/or the UCSD campus at large. Students enrolled in various Psychology, Cognitive Science, and Linguistics courses have the opportunity to serve as experimental subjects.

As a participant your time is as valuable as the researcher's. All participants are expected to behave in a professional manner, show up on time and provide notice to researchers if you need to cancel your appointment. You can expect all researchers and PI's to respect your time, describe the research you are contributing to and award your credit within 24 hours.

**VERY IMPORTANT:** Once you have accumulated **TWO** unexcused no-shows during one quarter, you will be limited in the studies available to you through SONA. Your account may remain active, but no studies will appear to be available. If this happens to you, you will need to ask your instructor if you have any other research participation options at that point. Instructors are not required to accommodate your request once two unexcused no-shows have been accumulated. For more information on SONA please check out the [SONA page](#) on UCSD's Psychology Department website.

## MINDFULNESS WORKSHOPS

This weekly drop-in workshop, run by [CAPS](#), focuses on seven mindfulness practices to help you have more wellbeing and contentment in your life and less stress and anxiety. Each week will focus on a different mindfulness practice. Wear comfortable clothes!

*Wednesdays from 3:00-4:30 pm at Murray's Place inside the Student Health Center.*